

FAITH FREEDOM PURPOSE



**FREEDOM CHURCH**

# Understanding Communion

Communion is not just  
a ritual—it's an  
encounter with Jesus.



## What Is Communion?

He took bread and  
said, "This is my  
body."

Then He took a cup  
and said, "This is my  
blood."

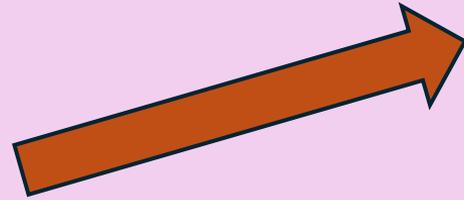
He told His followers:  
"Do this in  
remembrance of me."



**"This is my body. This is my blood.  
Remember me by doing this."**

~Jesus

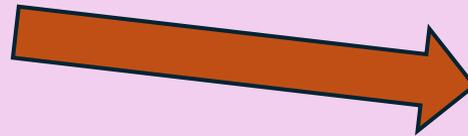
**The Bread**



**broken**

**for us.**

**His Body**





The Cup



His Blood



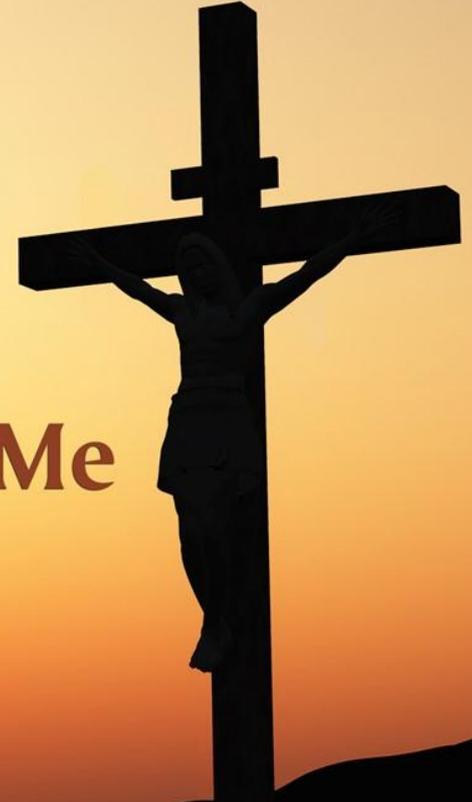
# Why Do We Take Communion?

## 1. Remembrance

**Do This**

**In Remembrance of Me**

Dan Jenkins & David Sproule  
Palm Beach Lakes church of Christ



# Why Do We Take Communion?

1. Remembrance
2. Reflection



# Why Do We Take Communion?

1. Remembrance
2. Reflection
3. Connection



# How Do We Take Communion?

- **Come with faith**
- **Come with reverence**
- **Come with openness**





# Who Can Take Communion?



FAITH FREEDOM PURPOSE



**FREEDOM CHURCH**